



Dear Friends and Members of the C.G. Jung Society of North Texas:

### Does Dream Interpretation have any basis in fact, or is it all made up?

Approaching this Quora question in an exclusively rational, materialistic way yields a certain set of results. Dream narratives are often fantastic, rapidly changing stories where the dreamer can be instantaneously moved from one location to another, can sometimes fly, survive long falls, or be in the company of people long deceased. While this is only a partial list, the common factor here is that there are often representations of activities which could not happen in the hard-nosed objective reality of the waking or conscious mind. The only reasons we know dreams exist are the reports of dreamers and the charts of “brain waves” recorded during sleep studies.

If your outlook on living is strongly materialistic, you will tend to find little consequence to dreams. However, you might ask, “what is/was the evolutionary purpose of dreams?” They certainly seem to be related to a vivid imagination, which can anticipate both threats and opportunities – obvious survival advantages in a material world. Could there be a survival advantage to dreams?

To answer materialists, there must be an advantage for dreams or else why would precious energy and DNA have been spent on developing this capacity during the long evolutionary process? As Human Beings we all need more than air, water, food, and shelter to survive and flourish. We need purpose and meaning. When those are lacking, or inadequate, we have a variable range of reactions. We can be uneasy, unhappy, disturbed all the way to violent, or even suicidal. Such mental pathologies can be survival challenges at different levels, just as physical diseases can be. Taking care of ourselves from the perspective of meaning and purpose is of great importance.

Traditionally, meaning has come from institutions such as established religion or even the state itself. Before that, the stories or myths of social groups served this function. Often, these myths were fantastic stories themselves, not journalism, so much as metaphor and allegory. Dreams happen at the individual, not at the institutional level but are just as fantastic and just as meaningful as mythology itself as recognized by Joseph Campbell and CG Jung among others.

If you grant value to metaphor and allegory, then you begin to see the insight of Sigmund Freud and CG Jung, particularly regarding dreams. Dreams are an indicator of tension between the conscious being of the ego and the unconscious. Resolving

this tension between where your life is currently in the waking world and what, at some deep level, is your personal meaning (and spiritual being) by interpreting dreams is not only a tool of depth psychology but may be the natural purpose of dreams.

Our fall 2019 programs will certainly facilitate understanding yourself and connecting to other people. While dreams give the most frequent opportunities for Self-exploration, we will explore a variety of other tools this fall. Dean Schlecht, a former Catholic priest, currently maintains a private practice offering spiritual direction. A frequent and always well received speaker, he will explore the role of suffering in the world and in our lives. Suzanne Hales, a gifted Jungian analyst and spiritual adviser practicing in McKinney, will address the importance of soul in the healing relationship. Virginia Angel, a Jungian analyst from Houston, whose education includes the fascinating combination of a JD, a Counseling Psychology degree from Pacifica, and her Diploma in Analytic Psychology from the CG Jung Institute in Zurich, will talk with us about Jung and Alchemy. These splendid professionals bring real-world insights from the trenches of psychotherapy practice, not only for those in practice, but also for those of us on our own journey.

Lastly, just a word to say that I have been honored to assume the role of President of the Board of the C.G. Jung Society of North Texas. Although a practicing attorney, I have spent my career in public service for local governments and look forward to serving the members of this wonderful Society. In closing, it is appropriate to express gratitude and recognize a debt owed to the outgoing President, Shirl Hughes Terrell. If you get a chance, please thank her individually.

We look forward to seeing you this fall!

Sincerely,



Charles Anderson

*...in dreams we put on the likeness of that more universal, truer, more eternal man dwelling in the darkness of primordial night.*

~CG Jung, CW 10, pars. 304 f.

President, C.G. Jung Society of North Texas

To Contact the C.G. Jung Society of North Texas:

email: [jung@jungdallas.org](mailto:jung@jungdallas.org)

snail mail: P.O. Box 12060, Dallas, TX 75225

All programs are located at St. Thomas the Apostle Episcopal Church  
6525 Inwood Road at Mockingbird Lane in Dallas, Texas

*Enter the parking lot from Inwood. Follow signs to Parish Hall.*

### FRIDAY EVENING PRESENTATION



September 13, 2019, 7:30-9:30pm  
\$20 Non-Member, \$10.00 Student  
Registration begins at 7:00  
*Complimentary snacks & wine*

Dean Schlecht, M.Div.

### Jung, God, and Suffering

The connection between suffering, evil, and God is a difficult and painful topic to broach. Nevertheless, Jung felt compelled to face the inherent contradiction between the belief most of us have of a benign, loving God and the pervasive fact of suffering and evil around us. I believe that his insights in this matter are deep and true, but inevitably unsettling. Jung wrote two books that explore the nature of God, suffering, and our relationship with ultimate reality. The first, *The Seven Sermons to the Dead*, written in 1916, is a meditation on the Pleroma and its manifestation in Abraxas, the Gnostic creator God. This brief work is the foundation for everything that came afterwards. Jung's understanding of God and his psychology cannot be separated. The second book, *Answer to Job*, a book he felt compelled to write toward the end of his career, is a devastating critique of the Judeo/Christian image of God. Jung's reflections on God and suffering are not only a fundamental key to understanding his perspective, but also an invaluable resource for broadening our own perspectives.

### SATURDAY MORNING WORKSHOP

September 14, 2019, 9:30am-12:00 noon  
\$40 Non-Members, \$10.00 Students  
Registration begins at 9:15  
*Complimentary continental breakfast*

### Internal Resources for Alleviating Suffering

The morning will begin with an open discussion of Friday's presentation. The implications of considering God as an impersonal creative force flowing out of an unnamable, unimaginable no-thingness, and the necessity of suffering as an integral part of the creative unfolding of the universe will be explored. This discussion will be followed by a disidentification exercise originally developed by Roberto Assagioli, MD to help participants free their consciousness from its focus on the world of things, to simple, unconditional awareness and connection with the source of consciousness, the Pleroma. The third part of the morning will be an Active Imagination experience in which participants will be given an opportunity to engage with the Self, the loving wisdom that is both their own essence and the

embodiment of ultimate reality within their own psyches. They will be encouraged to request of the Self whatever insights it might offer regarding suffering and their relationship with God. The morning will conclude with an opportunity to write and share a personal statement of the place of suffering and God in the participants lives and how that applies to a pain or loss with which they are currently dealing.

*Dean Schlecht, M.Div. is a former Catholic priest and the retired manager of a nineteen-bed psychiatric crisis respite facility in Eugene, Oregon. Before moving to Eugene in 1999, he was an LMFT with practices in Oklahoma City and Irving, Texas. He currently maintains a private practice offering spiritual direction. He served as President of the Oklahoma City C.G. Jung Study Group from 1983 through 1988 and has given numerous workshops and retreats. Dean has also published several books. The title of his new book is Life Reexamined: The Distillation of 77 Years. It will be available on Amazon in late August or September 2019.*

### FRIDAY EVENING PRESENTATION



October 11, 2019, 7:30-9:30pm  
\$20 Non-Member, \$10.00 Student  
Registration begins at 7:00  
*Complimentary snacks & wine*

Suzanne Hales, LPC, LMFT, Ed.D., IAAP

### Healing the Healer

***"THE MEETING OF TWO PERSONALITIES IS LIKE THE CONTACT OF TWO CHEMICALS: IF THERE IS ANY REACTION, BOTH ARE TRANSFORMED."***

*CG Jung, Modern Man in Search of a Soul*

Addressing the loss of soul in healing relationships, Suzanne Hales, Swiss-trained Jungian analyst and storyteller, explores the often-overlooked needs of those called to heal in the current logos-dominated culture in which we live. Healers today are encouraged to banish their feelings to the detriment of their well-being and health. Jung reminds us if we leave the feeling function out of the relationship there is no healing. Suzanne's work provides a voice to the wounded healer in all of us by narrating the stories of physicians, therapists, teachers...and all of those called to heal, lost in a time of great upheaval and change. By inviting Eros back into the fundamental relationship, Suzanne proposes a world where healers can allow themselves to be healed, as well as "the other," supporting the Jungian idea of relationship as a temenos or divine container to both participants.

**Join the Discussion:** Jung book club meets in the Library of the First Unitarian Church of Dallas, 4015 Normandy Ave. (Preston at Normandy), 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, monthly, 11:30am. Contact: Charles Anderson, <charlesranderson@yahoo.com>



**BECOME A MEMBER OF THE C. G. JUNG SOCIETY OF NORTH TEXAS**

To become a member, complete this form and mail with payment to the below address. This form is also available on our website, [www.jungdallas.org](http://www.jungdallas.org).

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**DALLAS, TX 75225**

Membership Type	Membership Fee	Lectures	Workshops
Friend of Jung	\$250.00	Free, free guest	Free, free guest
Member	\$50.00	\$15.00	\$35.00
Student Member (with ID)	\$0 (valid student ID)	\$10.00	\$10.00
Non-member		\$20.00	\$40.00

Thank you to all who support the Jung Society at the Friend of Jung level. We depend on this type of support to help us provide insightful and inspiring programs. **To show our appreciation, we encourage you to bring a guest for free to lectures and workshops.**

THE C. G. JUNG SOCIETY OF NORTH TEXAS  
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