



## C. G. JUNG SOCIETY OF NORTH TEXAS

WINTER/SPRING 2019

Dear Friends and Members of the C. G. Jung Society of North Texas:

Whether eagerly welcoming or tentatively approaching a new era, a different path, or a new year we will wisely carve out a bit of time for inner work. Paying rapt attention to that which is conscious, our ego complex, often results in that “aha” moment during which contents in our unconscious begin to stir. Jung (1942) argued that “our freedom extends only so far as our consciousness reaches.” In that vein, we must examine our willingness to earn our freedom. How much energy will we expend on overcoming inertia and fear, those basic predispositions of humankind? According to J. Hollis, confronting our shadow is shattering because we realize we are the enemy staring back at ourselves, and that we have been consistently present, bearing large responsibility in the drama of our lives. Such answerability entails courage and humility.

As 2019 approached, I resolved, as in years past, to become a better listener. Although I have made strides in this endeavor, it remains a challenge. During the recent holidays, I realized that I needed also to listen more intently to my own thoughts. Experiencing the emotions that holidays incite, the good, the bad, and the ugly, I felt myself in the grip of heart-rending complexes. Key to finding relief in these situations was offered by Jung: “to develop further we have to draw to us and drink down to the very dregs what, because of our complexes, we have held at a distance.” Drilling down into and unpacking these complexes leads to their core – the archetype, numinously entrenched, autonomous, perpetually present, and manifesting in patterns that organize images and ideas in our lives in an unconscious process that remains elusive until they constellate (Jung, 1954). Inner work is the most difficult undertaking, but without it life stagnates and dries up on what could be an otherwise succulent vine.

This spring, we are honored to have four distinguished presenters who will guide us on our paths to individuation as we “chop wood and carry water” so necessary to inner work.

In February, Dr. James Hollis will discuss being in-between times. Crisis, disorientation, loss, and enormous anxiety can mark these times, and ours is such a moment in history. We will learn how to recover our bearings and sustain dignity and integrity when things fall apart. In his workshop on Depth Psychology, he explains three

principles: it’s not about what it’s about; what you see is a compensation for what you don’t see; and, it’s all a metaphor, and provides examples for discovery and interpretation.

In March, Dr. Pittman McGehee’s presentation will address the structure and dynamics of the psyche. Special emphasis is placed on the stages of psychological development of the ego and emergence of the Self. His workshop will discuss the ways we experience the Transcendent. Experiential exercises will innumerate each participant’s history of transcendent moments while helping to open our eyes and ears to the mystery and meaning in our ordinary lives.

In April, Dr. Jennifer Selig will use M. L. King, Jr. and the Civil Rights Movement as a case study, while exploring the opposite but intertwined effects of hope and despair, and their relationship to our ability to take action in times of crisis. King’s complicated history is worth mining today, as we too are living in a time of cultural disintegration and collective despair. The workshop will involve a gentle process of small group witnessing as each person’s gifts of grace will be uncovered through journaling and discussion.

In May, award winner Catherine Ann Jones will perform her one person, one act play, *Freud’s Oracle: Based on the Life of H.D.*, about the American poet H.D. (Hilda Doolittle) and her relationship with Sigmund Freud. Themes are the travesty of war and the triumph of the individual spirit. Jones, purporting that our lives may be determined less by past events than by the way we remember them, will facilitate a writing workshop based on her book, *Heal Yourself with Writing*. Reframing the pieces of our past and rewriting our life story so that our pain becomes meaningful will boost our chances of healing, empowerment, growth, and transformation.

We look forward to seeing you in February!  
Sincerely,  
Shirl Hughes Terrell, Ph.D.  
President, C.G. Jung Society of North Texas



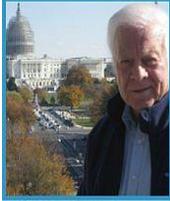
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## JUNG SOCIETY SPEAKERS | WINTER/SPRING 2019

All programs located at St. Thomas the Apostle Episcopal Church, 6525 Inwood Road at Mockingbird Lane, Dallas. Enter the parking lot from Inwood Road.

### FRIDAY EVENING LECTURE



**In-Between Times: Something Gone, Something Not Yet**  
**James Hollis, PhD**  
**Friday, February 1, 2019**  
**7:30–9:30pm \$20 Non-Members**  
**Registration begins @ 7:00pm**

*"Wandering between two worlds, one dead, the other powerless to be born ..."* – Matthew Arnold, 1885

As individuals, we often find ourselves in in-between times, somewhere between a world we knew, and a world that has not yet emerged. These times are hours of crisis, disorientation, loss, and enormous anxiety. Similarly, cultures, eras, civilizations go through in-between times. Ours is such a moment in history. How can we recover our bearings, sustain dignity and integrity when things fall apart? What abides amid such discontinuity? Together we will reflect on what we may do to recover a sense of personal autonomy when our road map whirls from our grasp and leaves us confounded.

*Includes complimentary reception with hors d'oeuvres & wine.*

### SATURDAY MORNING WORKSHOP

**What is Depth Psychology, and Why It Matters?**  
**Saturday, February 2, 2019**  
**9:30am–12:00 noon \$40 Non-Members**  
**Registration begins @ 9:15am**

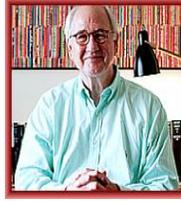
How does depth psychology differ from other modalities? How are its premises and methods of use to all of us, whether in therapy or not? During this workshop Hollis will explain the three principles: *it's not about what it's about; what you see is a compensation for what you don't see; and, it's all metaphor.* He will provide examples of these lenses for discovery and interpretation of our mythopoetic psyche.

*Includes a complimentary continental breakfast*

**James Hollis, PhD** is a Jungian Analyst, Director of the Jung Society of Washington, D.C., and author of *Living an Examined Life* (2018), as well as several other books and articles.

**Jungian Book Discussion** Jung Society sponsors a book club that meets in the Eisenlohr Library of the First Unitarian Church of Dallas, 4015 Normandy Ave. (Preston at Normandy), on 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month., from 11:30am to 12:45pm. Contact: Alison Henley, [alisonhenley@sbcglobal.net](mailto:alisonhenley@sbcglobal.net)

### FRIDAY EVENING LECTURE



**My Ego Ain't My Amigo**  
**J. Pittman McGehee, D.D.**  
**Friday, March 8, 2019**  
**7:30–9:30pm \$20 Non-Members**  
**Registration begins @ 7:00pm**

Dr. McGehee's lecture will address the developmental stages of the ego. Further it will describe the ego/Self axis, and the construction, deconstruction of the ego. In addition, his lecture will give an overview of the structure and dynamics of the psyche and the process of individuation.

*Includes complimentary reception with hors d'oeuvres & wine.*

### SATURDAY MORNING WORKSHOP

**God Is Not a Concept, But an Experience**  
**Saturday, March 9, 2019**  
**9:30am–12:00 noon \$40 Non-Members**  
**Registration begins @ 9:15am**

Dr. McGehee will discuss the several ways we experience the Transcendent. Through further experiential exercises, participants will innumerate their history of transcendent moments which will help open our eyes and ears to the mystery and meaning in our ordinary lives.

*Includes a complimentary continental breakfast.*

**J. Pittman McGehee, D.D.**, is an Episcopal priest and Jungian analyst in private practice in Austin. He is widely known as a lecturer and educator in the field of psychology and religion, as well as a published poet and essayist. He is the author of *The Invisible Church: Finding Spirituality Where You Are* (Praeger Press, 2008), *Raising Lazarus: The Science of Healing the Soul* (2009), *Words Made Flesh*, and *The Paradox of Love*.

### **BOARD of THE JUNG SOCIETY of NORTH TEXAS**

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Jacquelyn Kelley, LCSW, CST-T, CT	Ariel Tinajero
Ex Officio: Alison Henley	Linda Suddarth, PhD

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Donna Cozort, PhD, IAAP	Suzanne Hales, PhD, LMFT, IAAP
Myrna Little, PhD, IAAP	Ron Schenk, PhD, LCSW, LPC, IAAP
Cheryl Soignier, LCSW, IAAP	Carol Tripp Smith, LPC, IAAP

**FRIDAY EVENING LECTURE**



**"Out of a Mountain of Despair, a Stone of Hope:"  
The Relationship Between Hope and Despair in Times of Crisis**  
**Jennifer Lee Selig, PhD**  
**Friday, April 12, 2019**  
**7:30–9:30pm \$20 Non-Members**  
**Registration begins @ 7:00pm**

Using Martin Luther King, Jr. and the Civil Rights Movement as a case study, Dr. Selig's lecture explores the opposite but intertwined affects of hope and despair and their relationship to our ability to act in times of crisis. King's complicated history with hope and despair is worth mining for its inspiration and wisdom today, as we too are living in a time of cultural disintegration and collective despair. The lecture will end by offering the symbol of the *mandorla* to frame Jung's "tension of the opposites" of hope and despair and still take action on behalf of King's concept of *the beloved community*.

*Includes complimentary reception with hors d'oeuvres & wine.*

**SATURDAY MORNING WORKSHOP**

**Transforming the Suffering of the Soul Through Our Gifts of Grace**  
**Saturday, April 13, 2019**  
**9:30am–12:00 noon \$40 Non-Members**  
**Registration begins @ 9:15am**

C.G. Jung wrote, "All creativeness in the realm of spirit as well as every psychic advance of man arises from the suffering of the soul." He thought we heal from our suffering through the gift of grace. I would add that we heal *and* offer healing to the suffering world *through the gifts we have been graced with*. Through a gentle process of small group witnessing, each person's gifts of grace will be uncovered. Then, through journaling and discussion, creative ways will be explored for using those gifts to take action on behalf of beloved communities of any scale (marriage, family, work, city, state, country, globe, etc.) where there is suffering.  
*Includes a complimentary continental breakfast.*

***Jennifer Leigh Selig, Ph.D.,*** is a depth psychologist, author, publisher, and a traveling educator with over 30 years of teaching experience. She is the author of many essays and books, including *Integration: The Psychology and Mythology of Martin Luther King, Jr. and His (Unfinished) Therapy With the Soul of America (2012)* and co-author of *Deep Creativity: Seven Ways to Spark Your Creative Spirit (2019)*.

To Contact the Jung Society of North Texas use email: [jung@jungdallas.org](mailto:jung@jungdallas.org)  
Or mail to: P.O. Box 12060, Dallas, TX 75225

**FRIDAY EVENING LECTURE**



**Freud's Oracle: Based on the Life of H.D.**  
**Catherine Ann Jones, M.A.**  
**Friday, May 3, 2019 (Please note this is the first Friday of May)**  
**7:30–9:30pm \$20 Non-Members**  
**Registration begins @ 7:00pm**

C.A. Jones will perform her one person, one act play, *Freud's Oracle: Based on the Life of H.D.*, about the American Poet H.D. (*Hilda Doolittle*) and her relationship with Sigmund Freud. H.D. suffered great personal losses and a nervous breakdown due to the Great War. She became Freud's patient in 1933 because of increasing paranoia about the rise of Hitler. Themes are the travesty of war and the triumph of the individual spirit.

*Includes complimentary reception with hors d'oeuvres & wine.*

**SATURDAY MORNING WORKSHOP**

**Heal Yourself with Writing**  
**Saturday, May 4, 2019 (Please note this is the first Saturday of May)**  
**9:30am–12:00 noon \$40 Non-Members**  
**Registration begins @ 9:15am**

Catherine will facilitate a workshop based on her book, *Heal Yourself with Writing*. She states, "Our lives may be determined less by past events than by the way we remember them. If we learn how to re-frame the pieces of our past and rewrite our life story so that our pain becomes meaningful, we can radically boost our chances of healing, empowerment, growth and transformation."

*Includes a complimentary continental breakfast.*

***Catherine Ann Jones, M.A.,*** holds a graduate degree in *Mythology and Depth Psychology* from *Pacifica Graduate Institute*. She studied *shamanism in India* as a *Fulbright Research Scholar*. She has taught at *The New School University, University of Southern California, Pacifica Graduate Institute, and the Esalen and the Omega Institutes*. Catherine is an *award-winning playwright, screenwriter, and author*.

**Continuing Education Units**

CEUs for Jung Society programs are authorized by the Texas State Board of Social Worker Examiners, The Texas State Board of Licensed Professional Counselors, and the Texas Board of Examiners of Marriage and Family Therapists.

**Sign in and pick up an evaluation form before each program. Return your completed form and receive your certificate at the end of each session.**

**BECOME A MEMBER OF THE C. G. JUNG SOCIETY OF NORTH TEXAS**

To become a member, complete this form and mail with payment to the below address. This form is also available on our website, [jungdallas.org](http://jungdallas.org).

\_\_\_\_\_ I wish to become a member of the CG Jung Society of North Texas.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

Phone

\_\_\_\_\_  
City State Zip Email

**MAIL TO:**

**C. G. JUNG SOCIETY OF NORTH TEXAS  
P.O. BOX 12060  
DALLAS, TX 75225**

Thank you to all who support the Jung Society at the **Friend of Jung** level. We depend on this type of support to help us provide insightful and inspiring programs. To show our appreciation, we encourage you to bring a guest for free to lectures and workshops.

Membership Type	Membership Fee	Lectures	Workshops
Friend of Jung	\$250.00	Free, free guest	Free, free guest
Member	\$50.00	\$15.00	\$35.00
Student Member (with ID)	\$25.00	\$10.00	\$10.00
Non-member		\$20.00	\$40.00

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DALLAS, TX 75225

